

# Band Camp Preparation List and Tips

## Before camp starts:

- Download and practice you assigned show music.
- Prepare your instrument and get needed supplies (reeds, lube etc.) ahead of time
- If you are going to be absent for any days during the camp, let you section leader and/or Mr. Pezdek know immediately.
- Hydrate up a few days in advance. This will be very physical and weather will be warm.

## What to wear:

- Most days will be hot so shorts and Orange Band tee-shirt or tank top
- NO JEANS are allowed. You must be able to stretch and move.
- Large Brim Hat/Sunglass
- Tennis/running shoes only. Please NO BOOTS or SANDALS/FLIP-FLOPS

## What to bring:

- Your instrument and supplies (reeds, oil etc.) Color Guard equipment
- Black 1" 3-ring binder with a way to carry it on your body (string, strap, etc.)
- Clear plastic sheet protectors, pencil and highlighter
- A container for water such as a Nalgene, insulated jug, sport bottle. At least 24oz in size. (water will be supplied) Avoid sodas and milk. Drink a lot of water before camp starts.
- Sunscreen, enough to re-apply every 2-3 hours.
- A hand towel for sweat and/or a beach towel to sit on.
- A nutritious lunch and snacks for between meals. Offsite nearby eateries include Albert's Mexican and Funky Fries burgers.

## How to make it 8 hours/day for 2 weeks:

- Eat a healthy breakfast. You will need the energy this brings
- Be on time. Timely arrivals will save from being reprimanded by your coach/section leader. In band: to be early is on time, on time is late, and late is inexcusable.
- Be optimistic. Complaining is annoying and not helpful. Keep your negativity to yourself
- Make friends. Get to know your classmates. You have band and music in common already. However, do not talk when setting up drill formations, at attention, or while listening to the staff talk.
- Pay attention to what is being taught and what is expected of the near future.
- Be considerate of chaperones (Band Parents). They are here on their own time assisting staff and the program. Be respectful of them, they are not there to pick up after you either.
- Communicate with your section leaders, staff and director (especially if you are having problems or issues). We are all there to help you.
- Shower daily and use deodorant, you will be sweating and need it. 😊
- Remember that everyone is at band camp to learn. If you're a newcomer, don't take it personally when a coach gives advice. They're trying to help you look better in performance. Returners: help out newcomers and be patient with them. You had to learn once too.
- The staff hears everything. If you make an offhand comment, it will get back to the staff. The same goes for text or social networking. If you think it won't go unreported, you're wrong.