



Welcome 2018-2019 Valhalla Instrumental Music and Color Guard Families

For those joining the parent ranks of the Valhalla Instrumental Music Program and Color Guard, welcome! To those of you returning, it's great to have you back. We have big plans for this coming year and we need your support!

RSDMF is the volunteer parent group (booster club) that supports the Valhalla Music Program. We coordinate fundraising activities, chaperones, volunteers and celebration activities. California requires us to be a registered non-profit organization and follow rules and regulations accordingly.

I am excited to have you on board with our team. Our program is designed to provide your students a quality music experience during their high school years. Many of our students have said the Music Program is their "second family." Great memories and lasting friendships are one of the many added bonuses our program offers.

- Give your time – Attend as many performances as you can. Your child will notice.
- Volunteer – Attend parent meetings, help with fundraising, or participate in a committee.
- Donate/Fundraise – Every dollar goes back to supporting the Music Programs.

I look forward to another year in the Valhalla Music Program and look forward to seeing new faces join us as we support our music students throughout the year.

Sincerely,

Steve Wilson

RSDMF President

***Please review the packet and return the attached pages as soon as possible.
Thank you!***



Parent Meeting Schedule – Fall '18

The monthly parent meeting is generally scheduled for the first Wednesday of the month at 7:30 pm for one hour in the band room or our alternate room 'S1' (portables).

Occasionally this may change due to conflicts

- Wednesday August 8(meet & greet)
- Wednesday September 5
- Wednesday October 3
- Wednesday November 7
- Wednesday December 5

Board and Committee Member Contacts

Feel free to contact any of the members. All correspondence is welcome.

<u>President</u> Steve Wilson	<u>Vice-President</u> Gene Whatley	<u>Secretary</u> Dinah Abuyen
<u>Treasurer</u> Heather Workman	<u>Parent-at-Large 1</u> Dwight Wingo	<u>Parent-at-Large 2</u> TBD
<u>PMAG Representative</u> Dan Lai	<u>Hospitality Chair</u> Angel Carter	<u>Communications</u> Steve Wilson
<u>Color Guard Liaison</u> TBD	<u>Drumline Liaison</u> Heather Workman	



Marching Band Attire

Marching Shoes

All students marching will require uniform footwear for a consistent look. Color Guard shoes are coordinated through the CG coach. For band, Dinkles brand 'Patent Formal' lace up oxford marching shoes are worn at field shows, parade and events requiring dress uniforms. These also may be worn during concert season. RSDMF places a bulk order at \$35.00 ea. during band camp. This is a discounted price due to a quantity order. These are available online from www.americanband.com or www.bandshoesonline.com.

Marching Gloves

Marching band members will wear washable white cotton glove with a Velcro closure and are available during the band camp and throughout marching season. These are \$4.00/pair and we keep a stock on hand. Percussion and Pit member do not require these gloves. A backup pair is highly suggested.

Concert Attire

All students participating in the Instrumental Music program should have formal dress attire for concerts and festivals. The concert attire should be purchased no later than 12/15/18 as concert season begins immediately when school begins after winter break. Order forms will be posted on the website.

Men's Tuxedo

The boys will wear a traditional black tuxedo. During the month of November, we will schedule fitting appointments with our tuxedo resource. The tux package will include a pleated shirt, jacket, pants, and bow tie. The price is \$107 for the package. Dates, times and a form will be provided in advance. Black crew length socks with black shoes must be provided by the student. Dinkles from marching band may be used.

Ladies Concert Dress

The concert attire for girls will be a simple black, floor length dress. We have a resource and can be ordered for approximately \$65.00. Black closed toe shoes should be worn.



Communications

Students and parents will need to be in the loop on activities within the music department. Please sign up for text messages and email notifications to effectively stay in touch. Also request access to our Facebook page for additional up to the minute updates

✓ Website - www.valhallamusic.org

Bookmark our website, it contains a calendar of performance events, rehearsals, event information, fundraising information, and downloadable forms. Also, SignUpGenius access link and commonly used links.

✓ Facebook - <https://www.facebook.com/groups/126653161265975/>

Open to all current Music Students, Color Guard, and parents. Provides the most current information, and updates. Feel free to join, post pictures, ask questions and interact with others. A closed group and requires approval.

✓ Email Notifications

In this packet is a Family Contact form, please fill this out and return to Mr. Pezdek to ensure you are getting all email notifications. Email communications@valhallamusic.org if you have a change to your email address.

✓ Text Notifications

Send a text to 81010 with the following code(s) in the texting area. Sign up for the group your student belongs to.

Intermediate & Advanced Orchestra: @7c767b	Concert Band: @e7kca
Color Guard: @86aaa	Symphonic Band: @k69k6e
Percussion: @fall2018pe	

- You will receive a confirmation txt from Remind.
 - Download the Remind app on your phone for your convenience(optional)
- To unsubscribe from a group, send a text to 81010 with @leave, a space, code of your group (i.e. @leave @86aaa)

✓ Sign-ups – www.signupgenius

SignUpGenius is an online tool used to manage volunteer, donation and sell tickets. A link will be emailed to the sign-up when an event is announced. Mobile accessible and includes reminders. Creating a free account is optional but suggested to manage invites.

✓ Band Room

- Forms, notifications will be left for the students to bring home. Located on the double doors: 'RSDMF News'.
- A secure lockbox for drop-off of payments, forms and any correspondence with RSDMF.

USPS Mail:

RSDMF

c/o Valhalla High School

1725 Hillside Rd.

El Cajon, CA 92019



Volunteer Opportunities

Operating a fantastic, quality program like the Valhalla Instrumental Music Program requires a lot of support and many hours of volunteer time! Volunteers are vital to the success of our program and allow our more than 75 student the opportunity to participate in our top-notch, award-winning ensembles. RSDMF always welcomes your assistance and participation wherever you are able.

Volunteering not only helps our music program, but also provides an opportunity for you to meet new people, understand and experience your student's activities, and stay involved through their high school years.

Here are a few of the activities we support and need help with:

- ✓ Home Football Games
 - Chaperones
 - Pit Crew
 - Prop Support
 - Uniforms
- ✓ Color Guard
 - Fundraising
- ✓ Hospitality Assistance
 - Food preparation
 - Serving
 - Setup/Breakdown
- ✓ Concerts
 - Concessions
- ✓ Field Shows
 - Uniforms
 - Food Preparation
 - Car Pooling
- ✓ Fundraising
 - Organization
 - Corporate Donations
 - Grant Writing
- ✓ Transportation
 - Equipment towing
 - Carpooling
- ✓ Prop Design and Building



Website Information

The screenshot shows a calendar for March 2018 with several events highlighted. Below the calendar is a navigation menu with categories: Fundraisers, Performances, Meetings, Rehearsals, and All categories.

2017		March 2018							2019	
Su	Mo	Tu	We	Th	Fr	Sa				
25	26	27	28	1	2	3				
4	5	6	7	8	9	10				
		1. Wood Ensemble Rehearsal (3:00PM-5:00PM)								
11	12	13	14	15	16	17				
		1. Chippewa Fundraiser (8:00PM)	1. Full Orchestra Rehearsal (3:00PM-5:00PM)							
18	19	20	21	22	23	24				
	1. Spring Concert - Capriana (7:00PM-9:00PM)			1. Joint Concert with Stevie Canyon HS (7:00 PM)						
25	26	27	28	29	30	31				

Navigation menu: Fundraisers, Performances, Meetings, Rehearsals, All categories

UPCOMING EVENTS
District Spring Showcase 5/5
Pops Concert 5/20-21
End-of-Year Banquet 5/31

DRUMLINE EVENTS
Check Out The New Drumline Page
SCPA Semi Finals @ CSUSB 4/8
Drumline Spring Schedule(updated 3/5)

FREQUENT LINKS
SIGN UP! @signupgenius
Spring 18 Concert Schedule
Communications
Sheet Music
Merchandise Order Form
Band Casual Apparel
Concert Apparel Order Form

FUNDRAISING PROGRAMS
PAYPAL
Amazon Smile
Support Valhalla High School Instrumental Music Programs

VALHALLA MUSIC & CG PAGE
Facebook logo

All donations are tax deductible. Rancho San Diego Music Foundation is a 501(c)(3) not for profit organization, ID# 75-3221534. These charitable gifts go

- The calendar has up to date information for events of all kind. Click on the date for details of the event
- Upcoming events will display clickable dates to keep in mind. Some will have links to documents and flyers. Always click on the events for more information if it is available.
- The Clickable Frequent Links area has documents that parents need to fill out or informational. These are downloadable.
- Fundraising Programs lists current fundraisers. Amazon Smile is ongoing.
- The PayPal link allows payments for our Norsemen Membership Drive. Clickable
- Sheet Music is Mr. Pezdek's web page located on the Valhalla website for downloadable music.
- The Facebook link to the music department Facebook page. Private group, request needed.
- Menu - Drumline is active in the Spring and has drumline specific information.
- Menu - Contact Us has board and committee chair emails.
- Menu - About RSDMF has our mission statement.



Norsemen Music Program Booster Club Membership

The Valhalla Instrumental Music Department is known for its quality program, but to maintain our standard of excellence, we must ask our families and community for financial support. Annual operating costs for a program of our size and quality are estimated at approximately \$50,000.

Because of state budget cuts, the school is unable to provide the necessary funds it takes to provide our students with this level of excellence. That is where RSDMF come in. We fundraise a major portion of the shortfall, but a contribution of \$250 per music and color guard student will provide the minimum music program amenities throughout the school year. The reward your student receives from the program for the school year will be far beyond the \$250.

Here are some of the benefits of supporting the program:

Support Level	Name in Concert Programs	2 Adult Winter Concert Seats \$20 Value	2 Adult Spring Concert Seats \$20 Value	2 Adult Pops Concert Seats \$20 Value	1 Adult Banquet Ticket \$28 Value	2 Adult Banquet Tickets \$56 Value	1 Student Banquet Ticket \$10 Value
Thor \$250							
Odin \$500							
Asgard \$750							

- The members of the Norsemen Music Program Booster Club are parents, guardians, alumni, alumni parents, instructors and community members who support the music students and programs at Valhalla High School.
- Membership donations help provide funding for instrumental instruction, musical arrangements, coaching, uniforms, performance opportunities and equipment for our students. These donations are a crucial component of the financial support that RSDMF provides.
- Becoming a member of the music booster club does not require any time commitment; however, a majority of our members choose to support the music programs by volunteering their time, talent and energy.
- Being a member means you have fulfilled your obligation to the program and no more donations are requested.

See the attached Membership form for various payment options

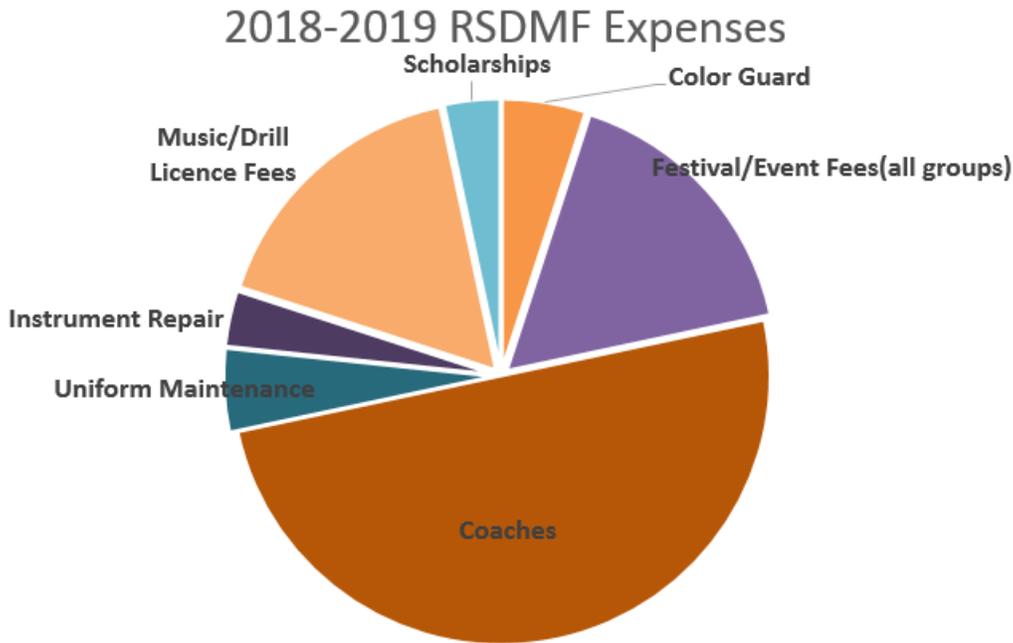
A letter of thanks with the amount and the non-profit tax information will be sent to you and may be used for tax purposes.

Matching Donations

You may be able to double or triple your contribution. Check with your Human Resources Department to see if your company matches employee gifts or donations. Nearly 10,000 companies in the United States offer this benefit to their employees.

- See the full list of companies on www.valhallamusic.org

Where the money goes...



Amazon Smile

Amazon Smile is a simple and automatic way for you to support RSDMF every time you shop, at no cost to you. When you shop at smile.amazon.com, you will find the same low prices, selection and convenient shopping as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to RSDMF.

1. Enter the URL www.smile.amazon.com address in your browser or mobile device.
2. Sign into your account as normal.
3. Select a charitable organization to start shopping. Go to the 'Pick your own charitable organization' and enter 'RSDMF' and click 'Search'.
4. After it comes up, click 'Select', you will be prompted to agree to log into the Amazon Smile site in order to get the rewards.
5. Bookmark the Smile URL and shop as normal after that. It automatically will apply the rewards.

You may also change to RSDMF from another charity by going to Your Account/Shopping programs and rentals/Change Your Charity

The screenshot shows the Amazon Smile interface. At the top, there's a navigation bar with 'amazon smile prime' and a search bar. Below that, a banner for 'NEW & INTERESTING FINDS ON AMAZON' is visible. The main content area shows a 'Change' button for the 'Rancho San Diego Music Foundation'. A pop-up window displays the foundation's details: 'Rancho San Diego Music Foundation', 'Location: El Cajon, CA | Year Founded: 2006', and its mission. It also shows the amount generated by the user (\$0.49) and the total amount received by all charities (\$62,069,818.82). The interface includes a 'Sign In' button and a 'Manage history' dropdown.



Parents and Students: The following 5 pages should be filled out and returned to Mr. Pezdek by August 31. They are necessary for enrollment in the music program for all music groups and Color Guard.

Parents/Students – Please fill out and return:

- Medical Release form-2 (if not returned at band camp)
- The Family Contact Information page (this page)
- The Norsemen Music Program Booster Club Membership Form
- The Medication Release/Code of Conduct/Photo Agreement Page
- Band apparel order form (as needed)



Please remember to:

- Sign up for the Band and Color Guard Facebook page (see Communications page for address)
- Sign up for text messages (see Communications page for details)
- SignUpGenius (see Communications page)

Family Contact Information

Student Information

Name: _____

Music Class: _____ Email: _____

Mailing Address: _____

City: _____ Zip: _____

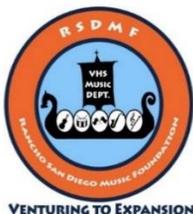
Parent/Guardian Contact Information

Parent 1 Name: _____

Email: _____

Parent 2 Name: _____

Email: _____



Rancho San Diego Music Foundation (RSDMF)

Norsemen Music Program Booster Club Membership Drive

Your participation will fund instrumental instruction, musical arrangements, coaching staff, uniforms, performance opportunities, and equipment for the more than 90 students who participate in the various groups within the Valhalla Instrumental Music Department.

Please become a member!

Level: Thor \$250.00

- Name in all concert programs
- 2 Adult Winter Concert tickets (\$20.00 value)
- 2 Adult Spring Concert tickets (\$20.00 value)

Level: Odin \$500.00

- Name in all concert programs
- 2 Adult Winter Concert tickets (\$20.00 value)
- 2 Adult Spring Concert tickets (\$20.00 value)
- 2 Adult Pops Concert tickets (\$20.00 value)
- 1 Adult End-of-Year Banquet ticket (\$28.00 value)

Level: Asgard \$750.00

- Name in all concert programs
- 2 Adult Winter Concert tickets (\$20.00 value)
- 2 Adult Spring Concert tickets (\$20.00 value)
- 2 Adult Pops Concert tickets (\$20.00 value)
- 2 Adult End-of-Year Banquet ticket (\$56.00 value)
- 1 Student End-of-Year Banquet ticket (\$10.00 value)



Good news! Multiple ways to pay. And you don't have to pay all at once.

- Pay through PayPal one time or set up PayPal automatic reoccurring payments. Click the PayPal link on www.valhallmusic.org
- Pay with a credit card on SignUpGenius.
- You may submit donations by check/cash in the band room lock box. Please make checks or corporate matches payable to RSDMF, c/o Valhalla High School, 1725 Hillsdale Road, El Cajon, CA 92019.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Name for public recognition: _____

I wish to remain anonymous

I do not wish to receive donor benefits



Valhalla Band Apparel Order Form 2018-2019

The following apparel is available at any time during the year. Just drop this form off with payment in the lockbox located in the band room and your items will be given to your student.

Student Name _____

Parent Name _____ Parent Email _____

All items are adult sizes

Crew Tee-Shirt (Circle SM, MED, LG, XL Orange, Grey) _____ X \$10.00ea _____

Orange Embroidered Polo Shirt (Circle XS, SM, MED, LG, XXL) ____ X \$15.00ea = _____

Hoodie Sweatshirt (Circle MED, LG, XL, XXL Orange, Grey) _____ X \$26.50ea= _____

Dinkles 'Formal' Black Marching Shoes (Size: _____) M or F \$35.00ea = _____

White Gloves (Circle SM, MED, LG, XL adult sizes) _____ X \$4.00ea = _____

TOTAL \$ _____

Payment Type (Circle CASH, CHECK) Check # _____

Checks may be made out to 'RSDMF'

THANK YOU FOR YOUR ORDER!

Medical Release

Student: _____

Dear Parents/Guardians:

It will be to everyone's advantage if you will make a complete and frank statement of your child's health. Include anything which will require special attention as well as a list of drugs (including aspirin) to which he/she may be allergic or should not be given.

Please note age of occurrence:

- ___ Food Allergies _____
- ___ Drug Allergies _____
- ___ Appendicitis ___ Hay Fever ___ Heart Condition
- ___ Asthma ___ Back, Neck, or Joint Problems ___ Fainting
- ___ Chronic Cough ___ Mononucleosis ___ Motion Sickness
- ___ Rheumatic Fever ___ Diabetes ___ Epilepsy/Seizures
- ___ Ear Infection ___ Pneumonia

Other _____

Is the student taking any medication regularly or periodically? _____

Please list type of drug and dosage: _____



The UNDERSIGNED parent/legal guardian of _____, a minor, hereby authorizes the Music Director, Staff, Authorized Chaperons, and/or Medical Emergency Specialists, to consent to any and all medical treatment to be rendered to said minor under the supervision and upon advice of a physician, surgeon, or dentist (licensed under the provision of a State Medical Dental Practice Act). This authorization shall remain effective until June 15, 2019 or sooner if revoked by the undersigned in a written submission to the Music Director and Valhalla HS Administration.

Name Parent/Guardian(print) _____ Phone# _____

Name Parent/Guardian(print) _____ Phone# _____

Mailing Address _____

Emergency Contact (Name & Phone#) _____

Student Birthdate _____ Insurance Co. _____

Family Physician Name _____ Phone# _____

Parent/Guardian Signature _____ Date _____

Permission to give Over-the-Counter Medications

If it should become necessary, I hereby give permission to the first-aider(s)/safety chair to administer the following nonprescription medications

Acetaminophen/Tylenol Yes ___ No ___ Other: _____

Ibuprofen Yes ___ No ___ Other: _____

Naproxen/Aleve Yes ___ No ___ Other: _____

Benadryl Yes ___ No ___ Other: _____

Other (please list) Yes ___ No ___ Other: _____

My student will bring the following medications:

Medication: _____ Instructions: _____

Parent/Guardian Signature _____ Date _____



Photo Policy and Waiver

Please be advised that all participants involved with RSDMF are subject to being photographed and/or videotaped. Such images and /or voice may be used by RSDMF for the purposes of marketing to include, but not limited to, the RSDMF website, social media, promotional videos, and print materials and without obligation to provide compensation to those photographed. By signing, I give my permission to release RSDMF from any liability resulting from or connected with the publication of such. This permission covers all written, video, social media, and electronic publishing media and is a non-vesting agreement with no statute of limitations.

Student Signature _____ Parent/Guardian Signature _____

Parent Code of Conduct

Rancho San Diego Music Foundation's ("RSDMF") mission is to aid, promote, and sustain Valhalla High School's Instrumental Music and Color Guard programs. Participation in the organization's programs is subject to the observance of the organization's rules and procedures. The activities outlined below are strictly prohibited. Any participant or staff member who violates this Code is subject to discipline, up to and including removal from the program.

- ✓ Abusive language towards a staff member, volunteer, another participant or student.
- ✓ Possession or use of alcoholic beverages or illegal drugs at RSDMF sponsored events or reporting to the program while under the influence of drugs or alcohol.
- ✓ Bringing onto school sponsored events, dangerous/unauthorized materials such as explosives, firearms, weapons or similar items.
- ✓ Discourtesy or rudeness to a fellow participant, staff member, volunteer or student.
- ✓ Verbal, physical or visual harassment of another participant, staff member, volunteer or student.
- ✓ Actual or threatened violence toward any individual or group.
- ✓ Conduct endangering the life, safety, health or well-being of others.
- ✓ Failure to follow any policies or procedures.
- ✓ Bullying or taking unfair advantage of any participant, volunteer or student. Failing to cooperate with an RSDMF Board Member or school official.

I have read and understand RSDMF's Code of Conduct and agree to abide by the rules described above and understand that I may be removed as a participant if I violate any of these rules.

Printed Name _____ Signature _____ Date _____